

ENZO

Long Island Network of Community Services, Inc.

Annual Report

2013



As CEO/Managing Director of LINCS, I feel our continued collaborations with other non profits and expansion of the North Fork Alliance Coalition were some of our greatest accomplishments in 2013. All Board Members take an active role in their delivery of services whether it be our North Fork Alliance grant, our fundraising events, or working with the infrastructure challenges of owning a building that exclusively rents to not-for-profits.

In 2013, LINCS spent a good deal of time working on its self-insured medical program. The Affordable Care Act and the establishment of exchanges in New York State required self-insured entities such as LINCS, who provides health insurance to LINCS, BiasHELP, and LIAAC employees, an opportunity to really look at its role in provision of these services. Agencies that provide social and health-related services to their clients have an obligation to offer good health insurance at an affordable cost to their own employees. In reviewing the exchanges and other health provider insurance companies, LINCS third party health insurance, which uses the CIGNA network for its doctors and services, is giving state of the art health insurance.

Additionally, we are providing in-house preventive education on topics chosen by our staff. Our tiered system of benefits offered allows people to choose

the policy best suited for them. In many ways, LINCS does offer affordable quality care and is a good model for this type of service.

We are looking forward to our 10th Anniversary of Chef's Secrets and this year's theme is a "Black and White Affair". We hope to see some new faces among the regulars and are very pleased that this has been such a successful ongoing event.

The goal for 2014 will be a formal merger between LINCS and its affiliate agency BiasHELP. We believe that this merger will strengthen the program services of both entities and allow growth into new territories.

Gail Barouh
Gail Barouh, PhD

LINCS BOARD OF DIRECTORS

Executive Committee

Gail Barouh, PhD, CEO / Managing Director
Adrian Fassett, MA, Board Co-Chair
Gary Gumbs, BA, BS, Board Co-Chair
John Haigney, M.Div., Vice Chair
Gillian Pantor-Norman, BS, MS, Secretary/Treasurer

Board Members

Lila Mester
Thomas J. Fabbriante, BS
Matthew F. Napolitano, BA
Debra Wabnik, ESQ.
Catherine Hart, LMSW

MISSION STATEMENT

The Long Island Network of Community Services, Inc. (LINCS) is a community-based 501(c)(3) not-for-profit agency working to enhance the programs of publicly supported health and human service organizations, including our affiliate agency, BiasHELP, Inc., LINCS assists Long Island non-profit agencies with their infrastructure, capacity building, fundraising events and joint community programs in conjunction with other local agencies regarding major health and social issues across Long Island. LINCS is also fully committed to the ongoing support and development of its partnering agency, the Long Island Association for AIDS Care, Inc. (LIAAC).

ABOUT US

LINCS owns a 30-thousand square foot state-of-the-art office building that provides professional office space to partnering and other non-profit agencies. This uniquely designed building allows participating non-profits to compete in the professional arena.

LINCS provides office space to BiasHELP, Inc., the Long Island Association for AIDS Care, Inc. (LIAAC), and the Women, Infants and Children (WIC) program through Stony Brook University Hospital.

LINCS offers Capacity Building programs through its primary partnerships with LIAAC, BiasHELP, and other non-profits.

2013 UPDATES

LINCS/North Fork Alliance completed its seventh year of raising awareness of the dangers of teen substance use and mobilizing the community to affect positive change. The North Fork Alliance (NFA) is a Drug-Free Communities Coalition which strives to reduce substance abuse among local youth and build awareness among parents and other adults about the substance abuse problem in the North Fork area of Long Island. Its primary funding comes from the federal office of Substance Abuse and Mental Health Services (SAMHSA).

2013 HIGHLIGHTS

CHEF'S SECRETS

2013 was a diamond year for Chef's Secrets, "Denim and Diamonds" that is. For the first time this stellar event was themed, and the guests stole the show. With bedazzled jeans and their denim best, the venue sparkled throughout the night as attendees enjoyed the delightful dishes served by the chefs and vendors who volunteered their staff, food and resources for the night. For the third year in a row guests were entertained by the talented Stone Grissom from Channel 12 News, who graciously donated his time to emcee the occasion.

Chef's Secrets raised over \$110,000 to help support programs and much needed services to individuals and families living on Long Island who are affected by HIV/AIDS & other infectious diseases, bias related crimes, poverty and hunger. Chef's Secrets 10 will be held Sunday, November 2, 2014.

NORTH FORK ALLIANCE

In 2013, the NFA saw a significant shift in local attitudes towards underage drinking and drug misuse. Key civic leaders, local reporters, law enforcement officials and school leaders are expressing to the NFA greater awareness of the issues. This is particularly significant given the rapid expansion of the alcohol industry (wine, craft beer, spirits) on the North Fork and its importance to the area's economy. Additionally, we saw the NFA becoming a resource for parents and other community members on ways to address underage drinking and drug use at home and in the community.

KEY PROGRAM ACCOMPLISHMENTS INCLUDE:

- NFA completed a new logic model with the active participation of coalition members and the use of community assessment data. The resulting logic model allowed for a more focused and impactful strategies targeted towards teens, parents and community leaders.



Northfork Alliance Accomplishments in 2013

KEY PROGRAM ACCOMPLISHMENTS CONTINUED:

- NFA again supported Students against Destructive Decisions (SADD), with chapters in Mattituck, Greenport and Southold schools. Funding provided for an educator who trained student members to be positive mentors, funded positive social interaction opportunities, and provided for students to attend conferences. It also provided a mechanism that allowed all three SADD programs to coordinate their efforts and pool their resources.
- NFA worked with coalition members to sponsor four alternative/drug-free social events for 300 youths.
- The NFA saw a shift in attitude among parents as more are requesting information, visiting the NFA website, following the NFA via Twitter, and reading the NFA's popular Facebook page. Participation in NFA's Safe Homes Network - where parents pledge to provide alcohol-free socializing spaces for teens - grew to seventy-five families.

- There has been a discernible change in the perception of underage drinking and drug use of youths among key institutional leaders (law enforcement, education, government, and media) from a minor to a major issue of concern. NFA sponsored forums, one-on-one meetings, coalition discussions, public presentations and media coverage of the findings of the 2012 North Fork Needs Assessment Survey have raised awareness of the issue and made clearer the gravity of the local problem.
- The NFA strengthened its partnership with town, county and state police, and businesses towards ending underage alcohol sales. NFA offered free TIPS (Training for Intervention Procedures) training for the responsible service, sale, and consumption of alcohol to retail outlets, while actively encouraging regular compliance checks by law enforcement.
- The NFA reached out to the region's pediatricians to introduce SBIRT, a screening tool for identifying substance use issues among teens. This vital assessment and intervention practice is now being used by health professionals in all of the pediatricians' offices.



MIRROR IMAGES

HEAR THEIR

Stories



BiasHELP's nationally distributed and acclaimed Mirror Images DVD series presents an alternative to traditional diversity education tools that often leave participants feeling guilty, resentful or bored. The 5-part boxed set addresses issues of race, religion, ethnicity and sexual orientation through the eyes of men and women ages 12-80. Individuals featured in the series reflect on their challenges as minorities, their successes,



KNOW



their **SUFFERING**

and their predictions for America's increasingly diverse future. Their stories help others better understand issues facing Black, Hispanic, Jewish and lesbian, gay, bisexual and transgender (LGBT) communities and put a human face on our time's most contentious debates. The response to Mirror

FEEL

THEIR



PAIN

UNDERSTAND



their **FEAR**

Images continues to be phenomenal, with dozens of companies, college campuses, healthcare facilities and non-profits nationwide adopting the series as the centerpiece of their diversity training and cultural competence activities.

LEARN from their



to **OVERCOME THE ADVERSITY**

For more information please visit the website at **MIRRORIMAGES.ORG**

ASSETS

Cash & Investments	\$1,443,489
Fixed Assets	2,610,681
Other Assets	1,824,192

Total Assets: \$5,878,362

LIABILITIES

Accounts Payable & Accrued Expenses	\$122,966
Bonds Payable	5,010,000
Other Liabilities	230,783

Total Liabilities: \$5,363,749

NET ASSETS

Net Assets	\$514,613
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Total Liabilities & Net Assets: \$5,878,362

UNRESTRICTED REVENUES

Grants & Contract Services	\$248,533
Contributions, Donations & Fundraising	150,153
Fees & Other Income	1,345,352

Total Revenues: \$1,744,038

EXPENSES

Program Services	\$1,327,956
General & Administrative	158,697
Fundraising	80,241

Total Expenses: \$1,566,894

LINCS relies on the generosity and goodwill of individuals, corporations and foundations. We are eternally grateful to those who have contributed to us in the past and are asking for your help in the future. Won't you support LINCS' important work on Long Island by making a donation today?

YES,

I want to support LINCS' important work on Long Island and beyond!

Please contact me with information about the following:

- Mirror Images Diversity DVD Series
- Diversity Training
- LINCS/BiasHELP Workshops
- Chef's Secrets and other Fundraising Events

Please find enclosed my tax-deductible contribution of:

- \$25.00 \$250.00 \$1000.00
- \$100.00 \$500.00 other \$ _____

I am paying by check \$ _____

Please make check payable to LINCS

Please bill my credit card \$ _____

Card Number _____

Name on card _____

Exp. Date ____ / ____ / ____ MC Visa Amex

Signature _____

Please mail all contributions to: LINCS
60 Adams Avenue • Suite 101 • Hauppauge, NY 11788

Name _____

Address _____

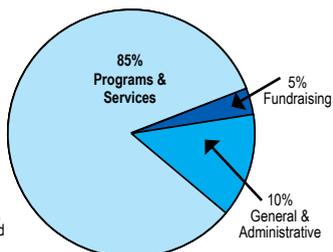
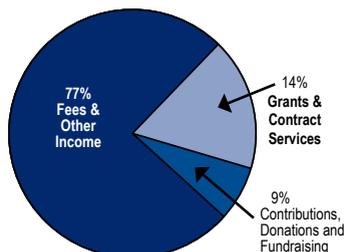
City/Town _____ State _____ Zip _____

Phone _____

Email address _____

When you provide your Email address you will be enrolled in our Email contact list in order to provide you with our newsletter and be advised of upcoming events. You may unsubscribe at any time by replying to any of our Emails by selecting "unsubscribe". We will never supply your Email address to any third parties.

2013 REVENUE 2013 EXPENSES



Long Island Network of
Community Services, Inc.



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