

# LINCS

LONG ISLAND NETWORK OF COMMUNITY SERVICES, INC.

## ANNUAL REPORT 2010

Proudly Serving  
Long Island and Beyond

## MESSAGE from the CEO



The 2010 Annual Report for the Long Island Network of Community Services, Inc. (LINCS) and its affiliate organization, BiasHELP, Inc. marks the end of the first year of its new legal affiliation. This alliance has been very positive for both agencies. It allows both organizations to have independent 501(c)(3)'s and to provide services independent of one another according to their individual mission statement mandates. However, it also provides for the ability to share infrastructure resources and to work jointly on grants and programs that crossover the expertise of each agency.

LINCS has seen great progress in the scope of the North Fork Alliance coalition. The addition of a community connector consultant and the creation by the coalition of its own Facebook account has allowed the North Fork Alliance to expand its membership and take greater leadership in its core mission to reduce alcohol use by minors. As we move into the last year of funding by SAMHSA for this grant, we have applied for an additional five years to continue our work with the North Fork Alliance.

LINCS, the third party administrator for affiliate and partnering non-profit agencies, has also committed to integrating new regulations by the federal government for self-health insurance plans and the oversight of pension plans. LINCS was proud to produce Chef's Secrets 6, a fundraising event benefiting two Long Island not for profit agencies.

BiasHELP, Inc. had a rewarding year serving Long Island youth in anti-bullying, anti-violence education and services. The creation of a new anti-bullying and technobullying commercial was very successfully received by the Long Island community. As part of its new affiliation with BiasHELP, Inc., LINCS trained two individuals in Olweus, the only federally

approved evidence based anti-bullying program targeted at middle schools. LINCS will lend the trained experts to BiasHELP to help with their anti-bullying projects.

As you read this annual report you will get a good view of both agencies as independent organizations with positive affiliate-shared services.

LINCS looks forward to seeing our community supporters at Chef's Secrets 7, at the de Seversky Center in Old Westbury, on Sunday, November 13, 2011 honoring the Long Island Association for AIDS Care's 25 years of service to the Long Island community and BiasHELP, Inc., for taking a strong leadership role against bullying, technobullying and the prevention of teen suicide.

**Gail Barouh, PhD**

## LINCS BOARD OF DIRECTORS

### Executive Committee

Gail Barouh, PhD, CEO / Managing Director  
John Haigney, M.Div., Board Co-Chair  
Adrian Fassett, MA, Board Co-Chair  
Gary Gumbs, BA, BS, Vice Chair  
Lila Mester, Secretary

### Board Members

Thomas J. Fabbriante, BS  
Jason Abelove, Esq.  
Evelyn Danko  
Carol Burke, BA  
Gillian Pantor-Norman, BS, MS

## MISSION STATEMENT

The Long Island Network of Community Services, Inc. (LINCS) is a community-based 501(c)(3) not-for-profit agency working to enhance the programs of publicly supported health and human service organizations, including our affiliate agency, BiasHELP, Inc. LINCS assists Long Island non-profit agencies with their infrastructure, capacity building, fundraising events and joint community programs in conjunction with other local agencies regarding major health and social issues across Long Island. LINCS is also fully committed to the ongoing support and development of its partnering agency, the Long Island Association for AIDS Care, Inc. (LIAAC).

## ABOUT US

LINCS owns a 30-thousand square foot state-of-the-art office building that provides professional office space to partnering and other non-profit agencies. This uniquely designed building allows non-profits to compete in the professional arena.

LINCS provides office space to BiasHELP, Inc., the Long Island Association for AIDS Care, Inc. (LIAAC), and the Women, Infants and Children (WIC) program through Stony Brook University Hospital.

LINCS offers Capacity Building programs through its primary partnerships with LIAAC, BiasHELP, Inc. and other non-profits.

## LINCS ALSO CONTINUES TO:

- Maintain a high-quality, self-insured non-profit health benefits program
- Offer a wide range of non-contributory pension and employee benefit programs to attract and promote longevity among high-quality individuals
- Provide its non-profit agencies with key strategic guidance and technical expertise related to program development and institutional advancement
- Offer capacity training and technical assistance in the areas of: Fiscal Management, Human Resources and Staff Development, and the integration of new programs to provide additional revenue and agency sustainability

## 2010 Highlights

### CHEF'S SECRETS

On Sunday, November 14, 2010, LINCS hosted its sixth annual fundraising event, Chef's Secrets 6, to benefit the Long Island Association for AIDS Care, Inc. (LIAAC) and BiasHELP, Inc. The event, designed to be a luxurious tasting of food and wine, exuded elegance at the de Seversky Center, the gold coast mansion in Old Westbury.

Chef's Secrets, involving approximately 20 local chefs, provided over 300 patrons with a unique food experience at multiple stations. Chefs impressed attendees with their culinary techniques, appetizer, main course and dessert samples and take home recipe cards. Frozen drinks, sophisticated martinis and a spectacular array of wines accompanied the delectable food items.

### **NORTH FORK ALLIANCE**

LINCS continued to facilitate a community coalition, the North Fork Alliance, which is funded through a 5-year grant from the Substance Abuse and Mental Health Services Administration (SAMHSA) Drug Free Community Support Program. The Alliance strives to bring together private and public sector organizations, as well as local parents and students, to pinpoint unmet needs and emergent trends related to substance abuse among youth.

#### **During 2010 the North Fork Alliance:**

- Hosted an educational forum on the Social Host Law for North Fork residents
- Created a North Fork Alliance promotional brochure
- Provided funding through mini grants to several North Fork organizations/groups that work to reduce substance abuse among youth

LINCS is pleased to count BiasHELP, LIAAC, the Economic Opportunity Council of Suffolk and the Suffolk Coalition to Prevent Alcohol and Drug Dependencies among its key partners in this initiative along with several other active and involved community members who participate in the coalition.

### **OLWEUS BULLYING PREVENTION PROGRAM**

Through a joint project with BiasHELP, LINCS had two staff members become Certified Trainers of the foremost bullying prevention program available, the Olweus Bullying Prevention Program. The Olweus Bullying Prevention Program is a whole school program that is designed to improve peer relations and make schools safer, more positive places for students to learn and develop.

#### **Goals of the program include:**

- Reducing existing bullying problems among students
- Preventing new bullying problems
- Achieving better peer relations at school, which has been proven to prevent or reduce bullying throughout the school setting

### **WOMEN, INFANTS AND CHILDREN (WIC) PROGRAM**

In 2010, the WIC program, which is operated through Stony Brook University Hospital Medical Center, entered into a 5-year lease agreement to utilize space in the LINCS building. The WIC program provides low-income pregnant and nursing women, infants up to 1 year old and children up to 5 years old who are considered to be nutritionally at-risk with supplemental nutritionally sound food, in addition to nutrition education and counseling, as well as referrals to other social service providers.



# HEAR THEIR

Stories



BiasHELP's nationally distributed and acclaimed Mirror Images DVD series presents an alternative to traditional diversity education tools that often leave participants feeling guilty, resentful or bored. The 5-part boxed set addresses issues of race, religion, ethnicity and sexual orientation through the eyes of men and women ages 12-80. Individuals featured in the series reflect on their challenges as



# KNOW



their **SUFFERING**

minorities, their successes, and their predictions for America's increasingly diverse future. Their stories help others better understand issues facing Black, Hispanic, Jewish and lesbian, gay, bisexual and transgender (LGBT) communities and put a human face on our time's most contentious debates. The response

# FEEL

THEIR



# PAIN

# UNDERSTAND



their

# FEAR

to Mirror Images continues to be phenomenal, with dozens of companies, college campuses, healthcare facilities and non-profits nationwide adopting the series as the centerpiece of their diversity training and cultural competence activities.

# LEARN from their



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to  
**OVERCOME  
THE ADVERSITY**

For more information please visit the website at **MIRRORIMAGES.ORG**

# 2010 LINCS FINANCIALS

## ASSETS

Cash & Investments	\$1,125,735
Fixed Assets	3,219,258
Other Assets	1,270,916

**Total Assets: \$5,615,909**

## LIABILITIES

Accounts Payable & Accrued Expenses	\$116,087
Bonds Payable	5,375,585
Other Liabilities	120,018

**Total Liabilities: \$5,611,690**

## NET ASSETS

Net Assets - Deficiency	\$4,219
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**Total Liabilities & Net Assets: \$5,615,909**

## UNRESTRICTED REVENUES

Grants & Contract Services	\$870,878
Contributions	16,840
Special Events	117,914
Fees & Other Income	397,464

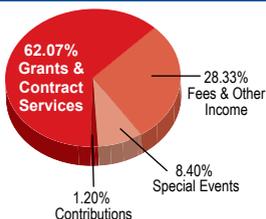
**Total Revenues: \$1,403,096**

## EXPENSES

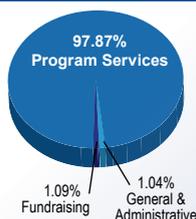
Program Services	\$1,345,921
General & Administrative	14,250
Fundraising	14,979

**Total Expenses: \$1,375,150**

## 2010 REVENUE



## 2010 EXPENSES



# PLEASE SUPPORT LINCS

LINCS relies on the generosity and goodwill of individuals, corporations and foundations. We are eternally grateful to those who have contributed to us in the past and are asking for your help in the future. Won't you support LINCS' important work on Long Island by making a donation today?

**YES,**

**I want to support LINCS' important work on Long Island and beyond!**

**Please find enclosed my tax-deductible contribution of:**

- \$25.00       \$250.00       \$1000.00  
 \$100.00       \$500.00       other

**Please contact me with information about the following:**

- Mirror Images Diversity DVD Series  
 Diversity Training  
 LINCS/BiasHELP Workshops  
 Chef's Secrets and other Fundraising Events

Name \_\_\_\_\_

Address \_\_\_\_\_

City/Town \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

**Please clip and mail to:**

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